

**North Carolina's Standard Course of Study  
Academic Standards for Healthful Living Grades 6-8**

**Compared with *Media Ready*: The Middle School Media Literacy Project**

<b>Grade</b>	<b>Academic Standards Addressed by Curriculum</b>
<b>6<sup>th</sup></b>	<p><b>Goal 6:</b> The learner will choose not to participate in substance use.</p> <ul style="list-style-type: none"> <li>• <b>Goal 6.01:</b> Evaluate advertising for tobacco and alcohol.</li> <li>• <b>Goal 6.03:</b> Identify short-term and long-term benefits of resistance to substance abuse.</li> <li>• <b>Goal 6.05:</b> Explain the immediate social and physical consequences of tobacco, including spit tobacco, and other drug abuse.</li> </ul>
<b>7<sup>th</sup></b>	<p><b>Goal 6:</b> The learner will choose not to participate in substance use.</p> <ul style="list-style-type: none"> <li>• <b>Goal 6.03:</b> Demonstrate refusal skills that refute persuasion to abuse substances.</li> <li>• <b>Goal 6.04:</b> Analyze an anti-cigarette and anti-spit tobacco advertisement.</li> <li>• <b>Goal 6.05:</b> Describe methods of encouraging others not to use illegal substances.</li> </ul>
<b>8<sup>th</sup></b>	<p><b>Goal 1:</b> The learner will direct personal health behaviors in accordance with own health status and susceptibility to major health risks.</p> <ul style="list-style-type: none"> <li>• <b>Goal 1.06:</b> Explain how media can model both positive and negative health behaviors.</li> </ul> <p><b>Goal 6:</b> The learner will choose not to participate in substance use.</p> <ul style="list-style-type: none"> <li>• <b>Goal 6.05:</b> Relate the potential impact – social, emotional, familial, physical, and legal – of harmful substance use on oneself.</li> </ul>